

Doctor to address heart disease at meeting

Dr. Emil Hayek will speak at Laurel Lake Retirement Community, 200 Laurel Lake Drive in Hudson, Nov. 27 at 6:30 p.m. regarding heart disease and its prevention. His speech will be based on the bestselling book by Caldwell Essllyn Jr., "Prevent and Reverse Heart Disease; With More Than 150 Great Tasting Recipes." The event is sponsored by The Learned Owl Book Shop, which will sell the book at the event.

The event is open to the public. Refreshments will be served. No reservations are necessary.

Hayek is the medical director of the Heart and Vascular Center at Akron General Medical Center and has been in private practice at the Western Reserve Heart Care in Hudson since 2002.

Hayek is board certified in internal medicine, cardiovascular disease, echocardiography and nuclear cardiology. He has been in private practice since 2002, specializing in the care of coronary artery disease, heart failure, valvular heart disease and cardiovascular imaging. He completed medical school and residency at Johns Hopkins University School of Medicine and his cardiology fellowship at the Cleveland Clinic Foundation.

For more information, call The Learned Owl Book Shop at 330-653-2252 or visit www.learnedowl.com.